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SARAH'S SENSORY STARTER PACK from flopublishations.com
by Flo Longhorn and Sarah Hall (2013) [UK£ 16.00]

Ideas

- Lyrics to the CBA Song:
*'ZYXWVUT SRQ Then comes P ONM LKJ IHGFEDCBA
Now I know my CBAs. Bet you can't sing them this way.'*
Song credits: Written and sung by Bryant Oden.
- Rock-a-bye Baby is a series of CDs, e.g. Metallica, U, turned into lullabies.
- Sounds of intent.
- Stories into songs, e.g. Hungry Caterpillar, and songs about stories, e.g. Lion and Unicorn.
- Sesame Street, Disney, Bear in Big Blue House, Game Songs, Body and Voice, Bryant Oden, Vo Fletcher, Earlybird, Wiggles, Jessica Curry, Phineas and Ferb, Scooberly Dooberly, Christina Knill, Bryant Oden, Game songs.
- Isolated songs, e.g. tree Teletubbies.
- Project on nursery rhyme origins - look up Iona Opie and Peter Opie on the internet.
- Make resources for lower school.
- Massage and tac pac to music.
- Beaters - felt, rubber, chopsticks, lolly sticks, brushes, corks on sticks for beaters.
- Dried food instruments, e.g. bread, gourds, coconuts, oranges.
- Soundbeam, gong baths or sound baths and vegetable vibrations for us, confetti on drums / watch it dance / cymbal above heads. Science or sensory, e.g. drum / cymbal. Drum - rice, pasta confetti, paper punch circles - make them dance, chalk or talcum on cymbal, cymbal played above head to feel vibration. Vibration - loudspeakers under a bed frame, electric toothbrush handle, inflatable chair / doughnut next to stereo. Body - xylophone / whirly / feel vibrations from a cymbal above your head.
- Sound effects to stories, songs or poems, e.g., groan tube for groaning. Do just 1 page, e.g. Bear Hunt. Music for characters, e.g. Giraffes can't dance, Firework Party - bubble wrap. By themselves or adults could push wheelchair.
- Sounds of intent.
- Amplification devices, microphones, any recording devices, digital delay samplers, echo mike, whirly / lagging, talk back, cone of paper, Sound buttons, big macs, vocalisation triggered resources, talking tin lids.
- Noisy ball/monster.
- Sound reactive wire / lights, glasses, resources, masks.
- Use of props, smells, instruments, pictures, symbols to support songs.
- Make sounds from rubbish.
- Baa/moo/quack only to Baa Baa tune.
- Apps - Garage Band, Super Duper Music Looper, Thumb Jam, voice changers, speak up 1 and 2, bla bla, sound effects, voice changers.

- Sound songs. Choosing - dice, song wheels, dial, spinner - I've got a body hands only, Look wot my baby can do.
- Decorate music bags or boxes to take instruments out of.
- Don't forget music in wall displays, e.g. of instruments / music related work / photos of sessions / favourite songs to reflect curriculum and teaching approaches.
- Class / individual book of "Our/My favourite songs".
- Joe's Drum story. Make sounds from everyday objects, e.g. kitchen stuff, pan lids as cymbals, Balti dish drums. Hang resources for PMLD children, e.g. spoons, like sensory box on wooden frame to knock.
- Pass instrument around, play in different ways - quickly, surreptitiously, silently.
- Instruments behind a screen, guess right and it's yours.
- Music corner.
- Run, walk, still, gallop in response to music.
- Historical songs, e.g. music hall songs, dress up, etc.
- Google Instrumental/karaoke for musical interaction technique of putting words to familiar tunes and Football Chants. Put poems to a familiar tune. Nursery rhyme tune, words for older pupils, e.g. shaving.
- Paper Jamz.
- What they like and different types of music: Mexican hat dance, old time musical, musicals, pop, rock, reggae, grime, classical, line dance, opera, Lebanese bellydance, sand dance 30 secs, lechoo yealadim, disco - Phineas and Ferb - have as ringtones, heavy metal, 3 little pigs EVIL BOYS letters, Ain't got Rhythm2 pens and pencils.
- Beaters - felt, rubber, drumsticks, brushes, corks on sticks for beaters.
- Dried food, e.g. bread, gourds, coconuts, oranges.
- Big effect little effort chimes, thunder drum.
- Make loo roll shaker and jingle twig.
- All hold hands, cloth, hoop, jabadao sound circle - up and down, e.g. Hooray and Up She Rises; London Bridge; bells or shakers on hoop or blanket, too, swing up, choc rain heavy metal version, marshmallow, trash.
- Bath toys and Light up instruments - from Amazon.
- You Tube - Tweenies do Solja Boy, others - need to check lyrics and text that appears on the screen, DJ TAZ Teddy Bears Picnic.
- Mother Goose Rocks.com - pop versions of songs.
- Instrumental versions, e.g. Teddy Bears Picnic fingerstyle guitar.
- Party songs, Macarena, fast food song.
- Foot tambourine - wish.com.
- Sounds of intent.
- Let me hear you play today. We are happy when we hear Robert play the drum - Swing Up, Swing Down, Body and Voice .
- When you hear the shaker play, everybody shake today - Swing Up, Swing Down, Body and Voice.
- Listen, listen, what can we hear? We can hear Sophie play on the tambourine - Swing Up, Swing Down, Body and Voice .

From SLD Forum

<http://www.bagbooks.org>

- Zamzar.com enables you to convert videos from YouTube into .avi, .mov, .mp3 and many other formats. It then sends you a link to download the file.
- Nicola Grove and Keith Park have lots of ideas for older learners. Look for 'Ways into Literature' by Nicola and 'Interactive Stories' by Keith and then several books by them both, e.g. 'Odyssey Now' and 'Macbeth in Mind'.
- You Tube - Animoji.
- The multi-platinum selling Kidsongs version recorded "A Day At Old MacDonald's Farm" for video and CD release in 1985.^[1] The Australian children's television show Play School recorded a version of this song on the album, There's A Bear In There. A rock'n'roll version was recorded by the Isley Brothers in the 50s and in 1961 it became an instrumental by the Piltown Men as 'McDonald's Cave'. A modern version of the song can be found here:
<https://www.youtube.com/watch?v=2EfCpTjgoY&list=UU1tia3fytCtpy36GyJdB1cQ>
- <http://www.singup.org/> including some song videos using Makaton.
- <http://www.youtube.com/watch?v=bQbqtl7FQCM> is an example using BSL.
- DUCKINGquackers on YouTube - a perfect day complete with all the characters is good.
<https://www.youtube.com/user/DUCKINGquackers>.
- Johann Lipowitz could be fun - although it's not signing - but mime.
- The Specials Website is here: <http://www.the-specials.com/>
- http://www.youtube.com/watch?v=a-PBixyD_GU&feature=related
- http://www.youtube.com/watch?v=rGXDKLo_aj8
- <http://www.youtube.com/watch?v=m9efYYaAeco> - www.singinghands.co.uk,
(mcarrascogaldo.306@lgflmail.org, davidfettes3@yahoo.co.uk, sld-forum@lists.education.gov.uk, sld-forum@lists.education.gov.uk)
- http://www.youtube.com/watch?v=a-PBixyD_GU&feature=related
- http://www.youtube.com/watch?v=rGXDKLo_aj8
- <http://www.youtube.com/watch?v=m9efYYaAeco>
- <http://www.singinghands.co.uk/>
- Buckethead - a guitarist - Willy Wonka, Star Wars, Itsy Bitsy Spider.
- You Tube Tweenies do Solja Boy, others - need to check lyrics and text that appears on the screen, DJ TAZ - Teddy Bears Picnic.
- Makaton have produced a book of signed carols. You can order it from their website at <https://www.makaton.org/shop/shopping/browseStore/Christmas-carols>.

[1] http://en.wikipedia.org/wiki/Old_MacDonald_Had_a_Farm#cite_note-4